

Directions: 1. Print playbook on the front (p.1) and back (p.2) of one sheet of paper.
2. Cut and fold along lines. 3. Staple pages to make book. 4. Play Strong®!

COVER-BACK

COVER-FRONT

Inspiring Quote:



Encouraging Everyday Champions™
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PLAY STRONG® PLAYBOOK

The Top Five Plays of Everyday Champions



Play No. 4

LOVE THE CHALLENGE

*My attitude
when things get TOUGH:*



5

PAGE 5

Play No. 1

DREAM BIG

My dreams / GOALS / accomplish date:



2

PAGE 2

The way we live and play
everyday can change the world!

- 1. DREAM BIG**
- 2. WORK HARD**
- 3. TEAM-UP**
- 4. LOVE THE CHALLENGE**
- 5. SERVE OTHERS**

PLAY STRONG® I.D.

NAME: _____

SEASON: _____

SPORT: _____



1

Play No. 5

SERVE OTHERS

Ways I will HELP others:



6

Play No. 2

WORK HARD

Daily / weekly ACTION PLAN:



3

Play No. 3

TEAM-UP

My CHAMPIONSHIP team:



4